



MY DAILY COMMITMENTS

I, _____, commit to complete the following six tasks that will move me closer to my goals by the end of today, _____, 20____

Number One

COMPLETE

Number Two

COMPLETE

Number Three

COMPLETE

Number Four

COMPLETE

Number Five

COMPLETE

Number Six

COMPLETE

“Where would you be if every time you said ‘I should...,’ you actually DID?” ~Deb Cheslow

Your signature is a symbol of the commitment you have made to yourself for today. In learning to keep our commitments, not only to others, but also to ourselves, we find the journey to the attainment of our goals is a much smoother, straighter line.

Compliments of Deb Cheslow Consulting
www.remarkablecourage.com
(386) 308-2155

SIGNATURE